

# **Expect the Unexpected!**

## **Let Freedom Ring**

Rev. DebraRae

July 1, 2007

A forwarded email containing an astrological summary for June found its way to me and, although I typically don't put much focus in this area, a particular comment jumped off the page. "Because over half the major planets will be in retrograde over the next several months, everybody can expect the unexpected." I was so excited! Not only do I love to expect the unexpected, but the planets now supported MY thinking and supported EVERYONE in doing the same!

Expectancy energy differs greatly from expectation energy. Expectation energy includes a defined outcome whereas expectancy energy keeps us open to receiving what is, and when we remain open (and willing), we receive more and we receive it with excitement. It is "excited anticipatory" energy—we're excited about that which we anticipate, and we're not at all clear what it is we're anticipating! That's where we have "allowance" for the unexpected.

You have probably seen or heard the phrase, "Expect A Miracle!" Well, for many years I did—and often witnessed and even experienced small miracles. (One would think that a miracle is a miracle is a miracle and that they are not measured in greatness or "size" for how can a miracle be anything less than great?)

At any rate, I came to realize that I could EXPECT to the ends of eternity, but if I did not have enough havingness and deservedness, miracle after miracle would pass me by. So, I changed my affirmation: I ACCEPT a miracle. I opened the space for allowance—allowing the Universe to flow to me and through me that which was for my highest good. Admittedly, it didn't always look the way I thought it would or even the way I wanted it to—there's that limitation and control energy—AND I remained willing to allow for that which flowed. I don't know if the miracles literally became greater, or if it was my increased ability to have them, but those "small" miracles I had previously witnessed and even experienced became greater and more frequent.

When we hold the space of "Expect the Unexpected," amazing things can happen because we are not fixated on a specific outcome. When we have expectation, we hold tight with little or no room for anything other than what we're holding tight. In the energy of allowance, we literally create space in

our space, which allows for all that can be. We literally open up to the flow of the Universe, allowing whatever is for our highest good to come to us. And, we can have it.

There is very little difference between white and black magic. The difference is, however, paramount to intention. One is contrived and controlled, restricted; the other is open, set in allowance energy, and manifests for good. Both are based on intention set in motion to manifest that which is desired. The ONLY difference: white magic is created with the intent that whatever has been intended for creation manifests for the highest good of all concerned—it allows for the Universal flow of Good—and does not seek to control the outcome.

Black magic uses control energy to manipulate the outcome and avoids taking into account that what is desired may not serve the highest good of the intender or those involved in the intention. There is no allowance energy and, therefore, no flow. There is control, limitation and manipulation. What's missing is freedom. Free will.

Spiritual freedom is different than physical liberty. You might relate physical liberty to Janis Joplin's song in which she proclaims, "freedom's just another word for nothing left to lose!" Physical liberty is whatever you envision it to be—it can be the ability to do whatever you want; it can be the other end of the dichotomy and include lots of security in being connected to family, job, organizations, community.

Spiritual freedom relates to your seniority over your body and your own space. Spiritual freedom is being able to call with neutrality all the shots as a being for your body and for your space. Spiritual freedom is learning how to work together as spirit with your body, without competition between the being and the body.

Spiritual freedom is also being fully in present time, being able to vibrate at kindergarten, amusement and neutrality. Give yourself permission to have spiritual freedom in the present moment and let yourself be in kindergarten, at amusement and in neutrality in your COH. It's always easier to move energy from this space. Remember, serious energy is thick and sluggish, making it challenging for energy in general to move. It impedes flow. Amusement—spiritual lightness—allows energy to flow.

We live in a universe where Earth is a free will planet, so each of us is working on achieving our spiritual freedom as a soul. And we are eternal beings so we've got lots of time to get there!

There are several ways in which we as beings can lose our spiritual freedom. We get stuck on pictures that keep us from being spiritually free (for example: victim pictures, life is more powerful than we are, our circumstances are beyond our command.)

Also, we create agreements that keep us from having spiritual freedom. For example: we make agreements with other beings in one lifetime that we'll ALWAYS be together—work together, serve one another, etc.—and then find out many lifetimes later that what we had to learn from one another was completed and yet the agreement is still in place so we keep incarnating together. How fun is that? Well, it's not!

And, finally, another way we lose our spiritual freedom is that we do not claim seniority for ourselves—we give our seniority to others. If we had a guru in a past life, we gave our seniority to the guru and it can continue on and on and on. When you give up seniority to a guru, you actually become connected at the crown (to the guru's crown) so you are in their truth instead of your own. The cord carries through lifetimes and will be disconnected only when you break the agreement.

It's always interesting to notice what pictures in your space are yours and which are someone else's pictures in your space. For instance, if you have someone else's idea of freedom in your space, and that looks like being totally without any ties to any person or place (foot-loose and fancy free), you might decide to let go of a great relationship and/or great job, and go riding on a motorcycle off into the sunset . . . only to find that your own picture—your truth—of spiritual freedom includes being really connected to people, in a secure job, etc.

Another place this can happen is in the way relationships play a part in your spiritual freedom space. If you have your parents' picture of a "forever" relationship in your space and you marry the person of your dreams with the intention that it's a "forever after," and THEN find your truth—that you would prefer to intersperse relationships with times of being single—then you've got some interesting times on the way to your truth about freedom and relationships.

Many times we believe we have clarity about how our next step will play out in terms of what we're creating in our life. When we feel the need to control the outcome, we lose the ability to allow that which is for our highest good to manifest.

Just this week I came through an extremely intense two-week growth period wherein I “allowed” myself to go through the process of losing control. I let go of that which held me in limitation: the need to control. I vibrated intensely on a cellular level day and night. I felt like I *wanted* to lose control; I felt like I was losing control. I remained willing. I lived it. I breathed it. And, I’d say I slept it, but there was little sleep. And, then, a couple of days ago, I felt as if I was literally breaking apart. I realized I was.

I examined what losing control meant to me and discovered there are different ways in which we can lose control.

We lose control when we give up our seniority to out of body beings—to those with whom we have agreements and to those with whom we do not.

We lose control when we choose (on a spirit level) to go out of our body—get out of the body’s way—so it can have what it needs to heal, without interference from spirit.

We can turn off or—as my friend Michelle said—hit the “mute button” on our analyzer—in order to be still and be with what is.

And, we can lose control by SURRENDERING and RELEASING on a trinity level—body, mind and spirit—surrendering and releasing in order to allow for the bliss when the three merge in harmony—in affinity—with one another.

In the book *I Wept By the River Piedra*, a young priest confides in his superior, sharing with him his anguish over having to choose between his life-long passion to serve God through priesthood and the woman he knows is the love of his life. His superior’s response invites him to allow for possibility beyond his expectation of how that would look or play out in his life. *Your path of serving God may look differently than you think. It may look like you’re a priest, and it may look like you marry the love of your life and have children.*

When I turn my computer on, a daily Angel Card appears. I smiled as the Universe supported my process as this morning it “chose” SURRENDER. The Angel Card book describes this energy as *“The ability to be with what is going on rather than remaining preoccupied with what might, should or could happen. Let go of the need to manage life ad deepen into the peace of acceptance.”*

Downstairs, I pulled two Angel Cards for today's focus. One of those cards was RELEASE. *"Let go of all that takes you into the past or into the future. This may include expectations, inhibitions, control, worry or an outdated image."*

HA! I smiled and thanked the Universe for the validation of my recent Surrender and Release process.

## **INTERACTIVE SEGMENT**

Create a soap bubble out in front of you and allow yourself to release into the bubble anything in your space—your chakras, physical body and aura space—that which restricts your freedom.

Gold suns of amusement. Neutrality. Permission to have your spiritual freedom.

Allowance energy. Spiritual Freedom.

Expect the Unexpected and Let Freedom Ring!

## **BENEDICTION**

### **To Change**

To change is to risk feeling scared for the reward of feeling exhilarated.

To change is to risk feeling sad for the change to feel true joy.

To change is to risk letting go for the opportunity to reach your dreams.

To change is to risk exposing your feelings for the ability  
to see your true self.